



EMS Training Studio



Boost Efficiency, Gain Strength

Your premier destination for achieving full-body strength and fitness through advanced Electro Muscle Stimulation (EMS) training. Our unique approach ensures you receive safe and effective workouts that fit seamlessly into even the busiest schedules.

01

Induction Session

02

EMS Training

03

MIHA BODYTEC EMS

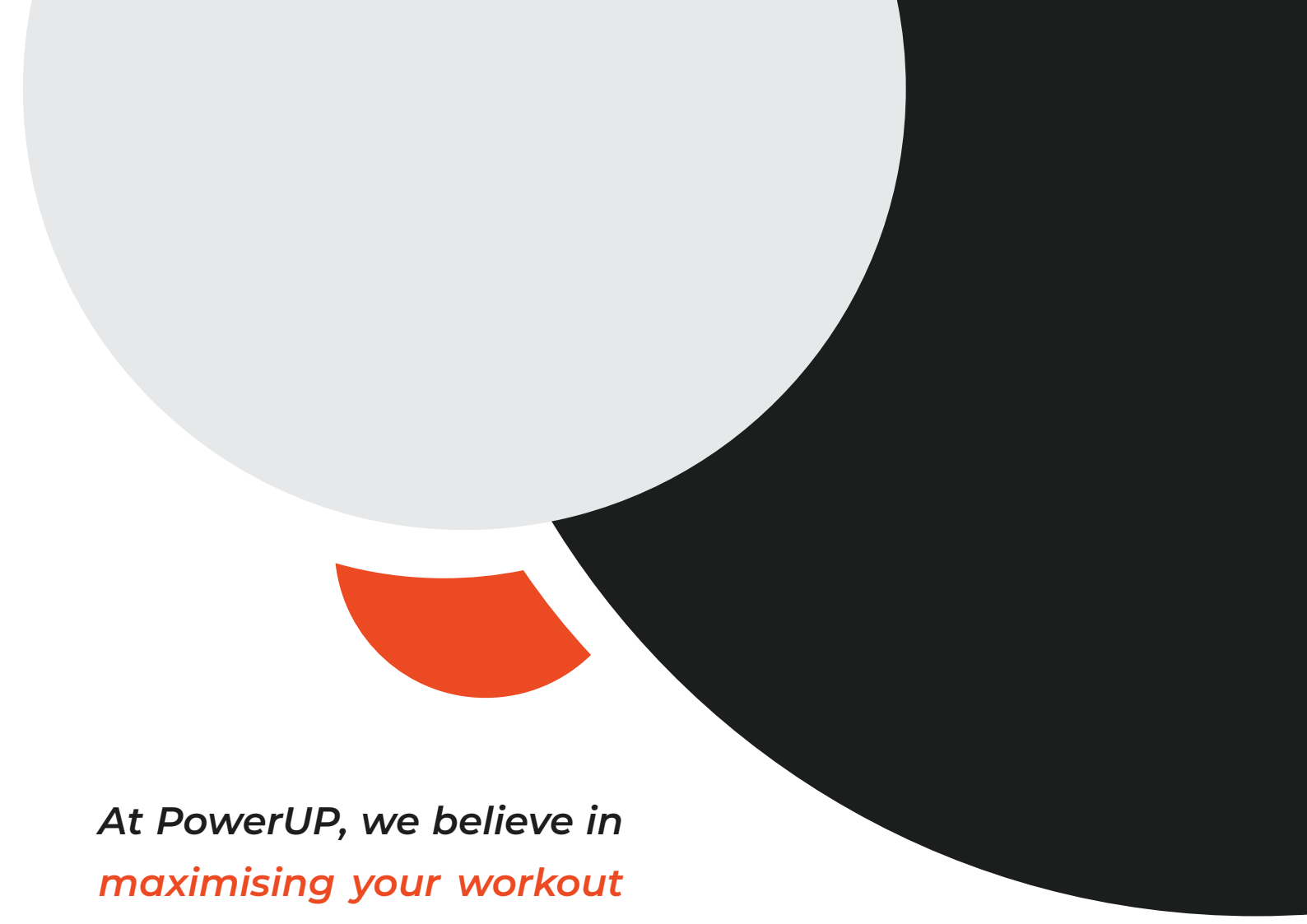


Shop L89A Cradlestone Mall, Entrance 1,
Orange Parkade Level

P: 011 662 1050

E: studio@powerupstudio.co.za

W: www.powerupstudio.co.za



*At PowerUP, we believe in
maximising your workout
efficiency.*

Flexible Contract Options

12-Month
Contract

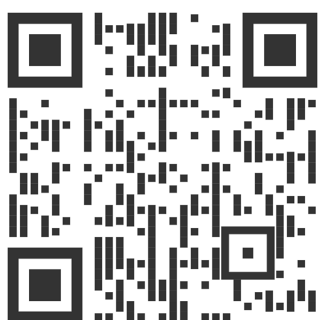
R 1,000.00/Month

6-Month
Contract

R 1,100.00/Month

3-Month
Contract

R 1,200.00/Month



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